

The ACBN examination consists of two parts. Part I is the writing of 3 case histories. A case history is the complete treatment of a patient from intake and history, to final outcome and/or follow ups. There is a textbook available that shows the candidate how to do this. Part II of the ACBN examination is a 150 multiple choice test. The ACBN also has an online practice examination for those who wish to get a better idea of what is covered on the examination.

All information is explained on our website - [acbn.org](http://acbn.org) - or by calling the ACBN correspondence secretary, Bonnie Sealock at 540-635-8844.

## Mission Statement

“The mission of the American Clinical Board of Nutrition is to ensure for the health, safety and welfare of the public through an examination and certification process that assesses professional and clinical competence of health care providers in nutrition.”



The American Clinical Board of Nutrition is Accredited by the National Commission for Certifying Agencies. The ACBN is also a Member of ICE (Institute for Credentialing Excellence).



For further information,  
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The American Clinical  
Board of Nutrition  
6855 Browntown Road  
Front Royal, VA 22630

# The American Clinical Board of Nutrition



A Testing Organization  
Leading to Board  
Certification In Nutrition  
For Health Care  
Professionals

## The ACBN

The American Clinical Board of Nutrition (ACBN) is **accredited** by the National Commission for Certifying Agencies (NCCA) in Washington, DC. The ACBN functions to provide an examination that evaluates the competence of qualified health care providers as a means to protect the safety, health, and welfare of the general public.

NCCA accreditation is recognized in some federal and state laws as an accreditor of personal certification bodies that ensures that the credentials issued by these certifying bodies meet the requirements of the pertinent federal and state laws.

The ACBN does not discriminate as to academic distinction. Certificants of the ACBN are MDs, NDs, DCs, PhDs, Pharmacists, Dentists and all others who meet the requirements to sit for the board examination. As you may know, there are a number of organizations that advertise a certification in nutrition, but the truth is that anybody can offer a “certification”. Scientifically and academically, the higher standard is to be recognized by an authority that has no vested interest in the certification agency to be accredited. This is the ACBN.

Of the top 10 leading causes of death in the United States, 5 are directly related to nutrition: hypertension, obesity, diabetes, cardiovascular disease and some forms of cancer. So why are these diseases treated with medications rather than nutrition? The United States model of health care is based on crises intervention, not prevention. Health

care has been financially and politically infiltrated to corrupt true “health care”.

## Why a national certification organization in nutrition?

Congress has recently reported that “health care” will climb to 4 trillion dollars in the next 8 years. Certainly this is an unsustainable cost. Several members of congress have approached the ACBN to consider the “nutritional” model of preventive health care, and its role in the treatment of disease. Many legislators recognize the paradigm of health “care” must change from crises intervention to prevention. Nutrition is that change, but up until now, congress has not had a “single” voice that represented nutrition. Legislators have been approached by individual special interest factions in nutrition but none with a unified voice. That unified voice is the ACBN.

The ACBN, because it represents *nutrition* and not any particular specialty, is starting to work with a number of state regulatory boards and several members of congress for the purpose of establishing a means to change the health care delivery system in the United States. A paradigm shift to nutrition requires case history documentation with standards of quality assurance and quality control across the board. Presenting nutrition with its scientifically validated documentation through case histories publication to legislators, by a unified spectrum of certified health care professionals, will be the supportive evidence for legislators in the

arduous task of changing the health care delivery system.

The ACBN, acting as agents of social change, provides the public with the quality assurance that its certificants are held to a higher standard; a standard of excellence that is assessed by quality control measures such as demonstrating yearly academic continuing education in the field of nutrition. While health care professionals may practice nutrition unique to their own professional field, the commonality of basic nutrition binds the ACBN as one. Many of our certificants are the authors of nutrition textbooks, others are professors teaching nutrition, and many are in private practice treating patients.

### Requirements to become board certified are as follows:

1. You must have a professional degree from an accredited school holding status with the U.S. Department of Education.
2. Minimum of 300 hours of nutrition education beyond the professional degree.
3. Minimum of two years practice experience.
4. Write an article or paper on some aspect of nutrition that could be published.
5. Submit a complete application with the necessary fees.

